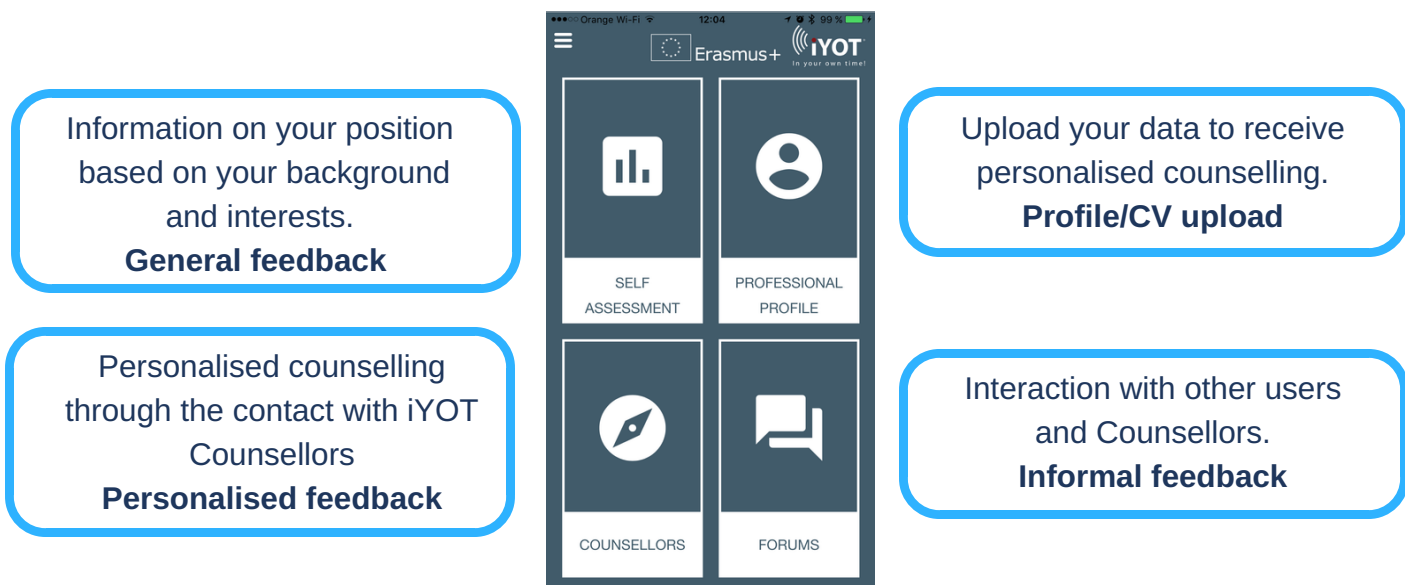


iYOT APP

The iYOT App offers a free of charge and individualised counselling on your educational, career and mobility possibilities at European level **in your own time!**

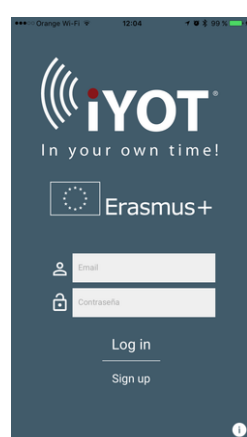


Step by step...

STEP 01

Download the iYOT app and register

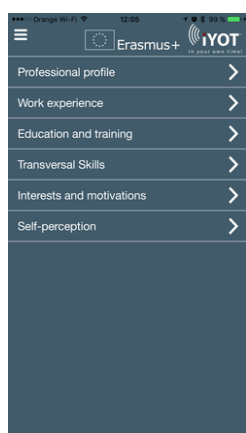
Download it for free on the App Store and on Google Play y register yourself as iYOT user.



STEP 02

Upload your Professional Profile

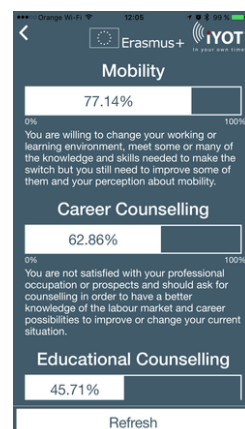
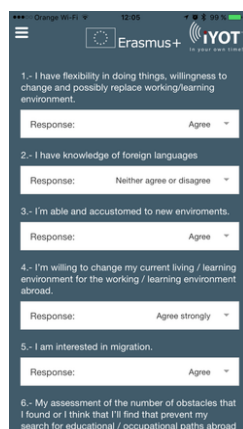
Complete the different areas related to your experience (education, working experience, areas of interest, etc.).



STEP 03

Self-evaluate

Complete the self-assessment quizz according to your experience and interests to receive a first general feedback related to your position in educational, professional and mobility areas.



STEP 04

Contact iYOT Counsellors

Check the available iYOT Counsellors by language and schedule, contact the one who best fits your interests and raise your questions. You can also arrange by e-mail to have a face to face videoconference session in Skype.



STEP 05

Interact in the Forum

Choose the area you are interested (mobility, training or professional career) and have your say by inserting new posts (entries) and/or providing answers to the existing ones.

